

### Cascade Cross Country Ski Center

Twenty Kilometers of wooded, wind-sheltered trails. Warm up with hearty food and drink in front of a crackling wood fire. Bunk rooms \$30.00 with breakfast. Famous full moon parties are an Adirondack tradition. (1/10/09, 2/7/09).

518-523-9605 [xcski@roadrunner.com](mailto:xcski@roadrunner.com)

For more information check out our website at:

[www.cascadeski.com](http://www.cascadeski.com).

### Daily Trail Fee:

Adult \$12.00  
Children \$ 6.00  
Seniors \$ 10.00  
Instruction:  
Group Lesson \$12.00  
(Daily at 10 AM and 2 PM)  
Private Lesson:  
1st person \$25.00  
Each add'l person \$15.00

### Rentals

Adults:  
Full Day \$18.00  
After 1 PM \$15.00  
Backcountry \$30.00  
Children (under 12):  
Full Day \$12.00  
After 1 PM \$10.00  
Special Rates for two + days  
Special rates for six + persons

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### Lake Placid Resort X-C Ski Center

Largest cross-country ski and snowshoe center in the heart of Lake Placid. 20 km of groomed trails, breathtaking views of the High Peaks. Adjacent Jackrabbit Trail and Interconnect Pass participant.

518-523-4460 or 523-2556 [www.lakeplacidcp.com](http://www.lakeplacidcp.com)

### Daily Trail Fee:

Adult: \$10.00  
Children (17 & under) \$5.00

### Rentals:

Adults: \$15.00  
Children (17 & under) \$12.00  
Snowshoes \$15.00

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### Mt. Van Hoesenberg Cross Country Center

Constructed for the 1968 John F. Kennedy Games and vastly expanded for the 1980 Winter Olympic Games, the center offers 50 kilometers of trails regularly groomed for classical and skating techniques. Child care and special children's instructional programs available. All trail passes include admission to the sliding tracks.

518-523-2811

Conditions: [www.orda.org](http://www.orda.org)

Information: [info@orda.org](mailto:info@orda.org)

Ski School and Ski Shop phone: 518-523-1176

### Daily Trail Fee:

Adult \$18.00  
Student/Senior \$16.00  
6-/70+ FREE  
Half-Day (after 12:30 PM)  
Adult \$14.00  
Student/Senior \$12.00  
6-/70+ FREE

### Rentals:

Adult \$16.00  
Children \$12.00  
Snowshoes \$16.00  
Pulka Sled \$16.00

### Instruction:

Group Lessons \$15.00  
(Daily at 11:00 AM & 1:00 PM)  
Private Lessons \$30.00  
(Daily at 9:30 AM & 2:30 PM)

(Rental Rates are for full days. Half-day, additional day, and trail fee packages are available)

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### Whiteface Club Nordic Center

Enjoy scenic rolling terrain adjacent to beautiful Placid Lake. The Whiteface Club, located in the snow pocket of the Lake Placid area, provides groomed trails,

Rentals, restaurant, and lounge. Group rates are available.

518-523-7888 or 518-523-2551.

Open Wednesday through Sunday except daily during holiday weeks.

### Daily Trail Access Fee:

Adult \$12.00  
Children (11 & under) \$8.00  
Seniors (62+) \$8.00

### Rentals:

Adult \$17.00  
Children (11 & under) \$15.00  
Half-Day Rentals: -20%

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### The Jackrabbit Trail

Constructed and maintained by the Adirondack Ski Touring Council, a non-profit corporation, the Jackrabbit Trail links Keene, Lake Placid, and Saranac Lake Plus the area's four cross country centers. A trail fee is required on the groomed section between Cascade X-C Ski Center and the Lake Placid Resort. Trail maps are available at X-C Centers. For ski conditions or to receive a map by mail, call 518-523-1365 or write to PO Box 843, Lake Placid, NY 12946. Ski conditions are also available at [www.lakeplacid.com](http://www.lakeplacid.com).

E-mail address: [skixc@lakeplacid.com](mailto:skixc@lakeplacid.com).

# Cross Country Ski Centers in Lake Placid 2008-09

**Four ski centers  
linked by the  
Jackrabbit Trail  
for 100 kilometers  
of groomed skiing.**



*All Fees Current as of date of publication*

